

SUICIDE PREVENTION WEEK

HAPPENING THIS WEEK

**All
week**

Engage with the PHAs

Daily content and opportunities to engage with the Peer Health Advocates on Instagram @WPPHA

**MONDAY
12th**

Courageous Conversation (5pm).

Mental health discussion with the PHAs. Register on Pioneer Life.

**TUESDAY
13th**

How To Speak Your Language of Sex, Love & Play (11am)

Workshop on consent, safety and desire with guest speaker Ignacio Rivera of The Heal Project.

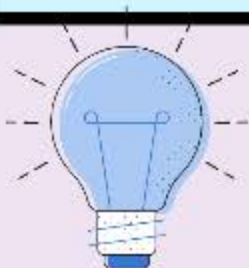
Cosponsored by the Women's Center.

Register on Pioneer Life..

**THURSDAY
15th**

Instagram Live With WP Nursing Students (4pm)

Discussion on the signs, symptoms and coping strategies for stress, anxiety, and depression.



#WPLightstheWay



#wpUmatter